



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church



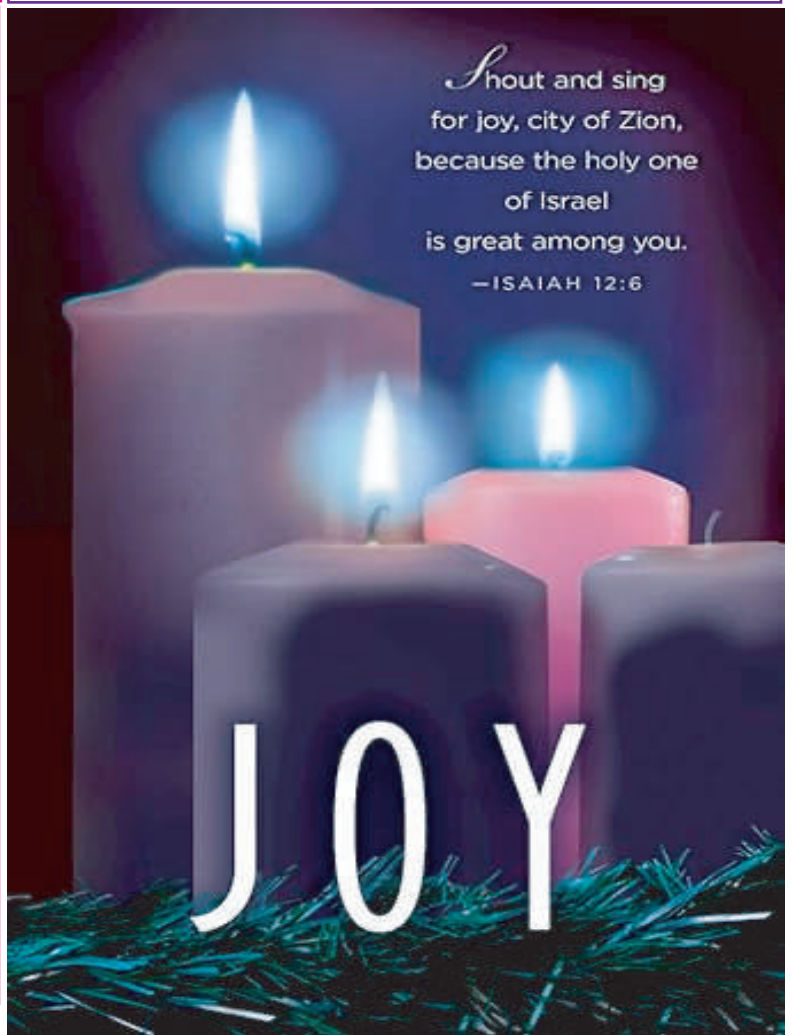
Thoughts of Blessed Francis Jordan

Always be joyful and praise God constantly, whatever may break in upon you. Yes, always be joyful.

Advent Prayer

Almighty Father, Advent is a time to prepare for Christmas.

Let the Spirit of wisdom and understanding, counsel and might, knowledge and fear of the Lord, be with us and direct us during this special season of celebration for the gift that Jesus is. Help us to understand and obey you by listening and paying attention to the Holy Spirit's presence in us as believers and followers of Jesus Christ. Amen.



Shout and sing for joy, city of Zion, because the holy one of Israel is great among you. —ISAIAH 12:6



SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



POPE LEO'S PRAYER INTENTION for DECEMBER

For Christians in Areas of Conflict

Let us pray that Christians living in areas of war or conflict, especially in the Middle East, might be seeds of peace, reconciliation and hope.

MASS TIMES

Sacred Heart Church

1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 8.30 am followed by Mass*

Wednesday 9.30 am

Thursday 7 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 7.30 pm to 9.00 pm*

Friday 9:30 am
First Friday of the month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 9:30 am, followed by Healing Mass/ Anointing of the Sick at 10.30 am*

WEEKEND MASSES
Saturday Vigil 5.00 pm
Sunday 8.00 am, 10.00 am & 6.00 pm (SOUL)

RECONCILIATION
Saturday Vigil 4.00 pm to 4.30 pm

BAPTISM
4th Sunday of the Month 11.30 am

Maria Regina Church

7 Central Road, Avalon

WEEKDAY MASSES

Monday 8.00 am

Wednesday 8.00 am

Thursday 10 am
9.00 am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45 am

Friday 8.00 am
First Friday of the month, *Healing Mass/ Anointing of the Sick at 8.00 am*

WEEKEND MASSES
Saturday Vigil 6.00 pm
Sunday 9.00 am

RECONCILIATION
Before Vigil Mass on Saturday

BAPTISM
3rd Sunday of the Month 11.00 am

WE PRAY *for*

Deceased Anniversary

Josip Juricev
Craig Cameron
Lujka Spadina- Kretic
Mavis Carmody

Recently Deceased

Michael Walsh

Prayer for the Sick

Anna Śmigowska
Lily Janosik
Sue French
Maureen Larios
Elaine Boyes
Pauline Chipman
Ron Clarke
Barbara Clarke
Anna Katanec
Otma Nouak
Angela Miller
Philip Khalifeh
Joseph Khalifeh
George Azoury
Bruce Farr
Heidi Taylor
James
Jacinta Purnell - Major
Garry Gleeson
Nenita Roque
Marie Celine Roque- Maca
Neda Crvelin
Jesse Cathersides
Mary Reilly
Marta Bizubova



Gentle Reminder on Receiving the Holy Eucharist

We kindly remind everyone to consume the Holy Eucharist immediately upon receiving it—either before stepping away from the priest or minister, or right there at the altar. Please refrain from taking the Sacred Host back to your seat before consuming it. This helps maintain the dignity and sanctity of the Holy Eucharist, which is truly the Body of Christ.

Thank you for your understanding, cooperation and continued reverence in this most sacred moment of our faith.

DVD REVIEW

Threshold of Transformation of Transformation

By: Richard Rohr



Nearly every man deals with some form of hurt in his life and this book acknowledges and deals with it directly and redemptively.



Vinnies

PIETY STORE

CHRISTMAS CARDS & CALENDARS

are available at
Mona Vale Piety Store
Pack of 10 Cards for \$8
Caleendars for \$11 each

All proceeds go to the St Vincent de Paul Society

Liturgy for the Week

15/12 Monday, 3rd Week of Advent
Num 24:2-7, 15-17; Mt 21:23-27

16/12 Tuesday, 3rd Week of Advent
Zeph 3:1-2, 9-13; Mt 21:28-32

17/12 Wednesday, 3rd Week of Advent
Gen 49:2, 8-10; Mt 1:1-17

18/12 Thursday, 3rd Week of Advent
Jer 23:5-8; Mt 1:18-24

19/12 Friday, 3rd Week of Advent
Judges 13:2-7, 24-25; Lk 1:5-25

13/12 Saturday, 3rd Week of Advent
Is 7:10-14; Lk 1:26-38



THE CATHOLIC PARISH
OF PITTPATER

GIVING

Our parish flourishes through the thoughtful care of resources and the generous commitment of our supporters. With gratitude, we thank all who help sustain our parish life, care for our Church and support the ministries that serve our community.

TO Make DONATIONS

SCAN the QR CODE below with your mobile phone camera and follow the prompts

Donations can be made weekly, fortnightly, monthly or one-off.



Areas OF GIVING

First Collection

(Clergy Giving)

Second Collection

(Parish Giving)

Pastoral Works Broken Bay

All PWBB donations over \$2 are 100% tax deductible

Pastoral Works Broken Bay is the charitable outreach of our Catholic community, supporting the pastoral priorities of the Diocese. It plays a vital role in funding life changing ministries, strengthening families and nurturing parish communities across Broken Bay.

Has Your Credit Card Expired?

If you support the Parish through credit card giving, please let us know if your card details have changed or expired.

Direct Debit

You may also choose to support the Parish through direct debit. This can be set up easily and securely by contacting the Parish Office, who will arrange it for you.

Parish Directory

Pittwater Parish

1 Keenan Street,
Mona Vale
NSW 2103
Tel 9157 0999

Parish Priest
Fr Richard Sadowski SDS
Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest
Fr Zygmunt Smigowski SDS
Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary
Belinda Cimino
Tel 9157 0999 ext 30
office@pittwaterparish.org

Administrative Assistant
Sherae Knight
Tel 9157 0999 ext 30
office@pittwaterparish.org

**Media & Communications
Coordinator**
Conille Felias
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacramental Coordinator
Sonia Samartin
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

**CCD Catechist
Coordinators**

Maureen Wooldridge
Mobile 0421 907 469
Veronica Thomas
Mobile 0417 061 534

Sacred Heart Church
1 Keenan Street, Mona Vale

Maria Regina Church
7 Central Road, Avalon

SCHOOLS

**Sacred Heart School
Mona vale**
Tel 8197 6900

Principal: Ms Louise O'Brien

**Maria Regina School
Avalon**
Tel 7256 2138
Principal: Ms Kirsty Thorpe

**Mater Maria Catholic College
Warriewood**
Tel 7256 2100
Principal: Mr Anthony Mahoney

PARISH RECONCILIATION SERVICE BEFORE *Christmas*

Advent is a wonderful time to celebrate the reconciling love and the healing graces our Lord offers us.

Thursday, 18th December
Individual Reconciliation after the 7 pm Mass
Sacred Heart Church, Mona Vale

Several Priests will be available to hear the Confessions. Come to the Lord and experience the extraordinary grace of his forgiveness.

Christmas Mass Times

SACRED HEART CHURCH
MONA VALE

CHRISTMAS EVE

24 December

Family Mass

5:00 PM

Youth Mass

9:00 PM

Midnight Mass

12:00 AM

CHRISTMAS DAY

25 December

8:00 AM & 10:00 AM



MARIA REGINA CHURCH
AVALON

CHRISTMAS EVE

24 December

Family Mass

6:00 PM

Vigil Mass

9:00 PM

CHRISTMAS DAY

25 December

9:00 AM



Happy 60th
Wedding Anniversary

Jan & Margaret
Faustman

Congratulations, your marriage
is a beautiful testament
to God's enduring grace
and love.



PLEASE PICK-UP A COPY (Available at the Back of Both Churches)

ADVENT BOOKLET 2025

This year's booklet continues the tradition of focusing on the Sunday Gospel Readings, accompanied by personal reflections.

PASTORAL LETTER TO THE PEOPLE OF THE NORTHERN BEACHES

Bishop Anthony reflects on the voices and hopes shared throughout the discernment process and prayerfully outlines a way forward. This letter invite us to remain engaged in prayer, communion, participation and mission as we continue to journey forward together.





Vinnies Christmas Appeal

THANK YOU SO MUCH to everyone who picked up an envelope and generously donated, as well as to those who took Christmas cards from the church windows to support our Christmas hampers. Your kindness and generosity will bring comfort and hope to families in need during this festive season.

HELPERS FOR Christmas Eve Mass



Pittwater Parish is known for its beautiful 5 pm Children's Mass on Christmas Eve, and as always, we need many willing hands and enthusiastic helpers to make it a wonderful celebration. We are seeking volunteers who can spare one hour to help set up chairs for the Christmas Eve Mass.

Set-up will take place at 10:00 am on Wednesday, 24 December

If you are able to join us, your support would be greatly appreciated. Thank you in advance for helping us create a joyful and welcoming celebration for our parish families.

Please E-mail Skye on skye.nolan-brown@dbb.catholic.edu.au



Sacred Heart Catholic Primary School Mona Vale

DECEMBER 2025

What a fantastic time we are having at Sacred Heart as we near the end of the school year. Last week we held our Mini Musical, Frozen Kids. This was an opportunity to showcase our creative talents. This week our Year 5 students have been going through the Leadership role process for next year and we will shortly have our Captains and Prefects announced for 2026. Year 6 have had their Graduation Mass, to celebrate their school journey at Sacred Heart. From a social justice perspective, we have packed over 40 boxes for the St Vinnies Christmas Appeal to help those in need over this Christmas period.



A Heartfelt Thank You

We would like to extend our deepest gratitude to everyone who so generously contributed to our formation. Your support, kindness, and prayers mean more than words can express. We also offer our sincere thanks to all the Salvatorian priests and Lay Salvatorians, as well as the parishes in Sydney who helped make the Salvatorian Foundation Day on the 8th of December so special and memorable. Your presence, collaboration, and spirit of unity were truly appreciated. Thank you all for being a vital part of our mission and ministry.



THIRD SUNDAY OF ADVENT



The word "Gaudete" is Latin for Rejoice. In times when the focus of our anticipation is often on the negative and fearful, this celebration is a reminder that God who loves us is still in charge and that we await his coming not with fear, but with tremendous joy.



Parish Bulletin Term 4, Week 9

To celebrate our dedicated readers of this year's Premier Reading Challenge, we hosted a pizza lunch on Tuesday, a well-deserved treat for their commitment to reading.

Year 9 students took part in an inspiring presentation on disability awareness and the importance of physical activity and sport. The session was led by a Wheelchair Sports NSW presenter who lives with a disability and concluded with a lively game of Wheelchair Basketball. This hands-on experience gave students a new perspective on life in a wheelchair and the resilience of those who navigate these challenges every day. They also embarked on a coastal adventure from Narrabeen to Collaroy. They explored how beaches are shaped, collected real-world data, and learned about strategies that protect these iconic environments for future generations.

Meanwhile, Year 10 students enjoyed a three-day camping trip at Glenworth Valley. Working together to organise food, tents and gear, they embraced challenges that fostered teamwork, strengthened friendships, and encouraged a growth mindset.

On Thursday, our Advent Liturgy brought the College together in prayer and reflection. Year 9 students provided beautiful music, and hampers were presented to Vinnies thanks to the generous donations from our Mater Maria community - bringing hope and joy to families in need.

We concluded the school year with our Presentation of Awards Ceremony for Years 7 - 10. The Marana Complex was filled with celebration as we honoured students' talents, service and academic growth. Each cohort demonstrated remarkable dedication to learning, truly embodying the spirit of EPIC learners.

Next week, while students begin their holidays, our staff will continue preparations for 2026. This includes completing mandatory first aid training, reviewing compliance and student achievement, and unpacking the Catholic Schools Broken Bay charter. It has been a busy week for students, and teachers will remain hard at work for a few more days.

As we look forward to a well-deserved break, we pray that this Christmas brings peace and joy to all. Thank you for your continued support of our Mater Maria community. We wish every student, family and friend a happy and safe Christmas and New Year.

This marks our final Parish Bulletin editorial for 2025. Thank you for reading and sharing in our journey this year.

ENROLMENTS

The College is now accepting applications for Year 7 in 2028 and 2029, with waitlists for 2026 and 2027. Applications for Year 7, 2028 close at the end of Term 1, 2026. For details, visit matermaria.nsw.edu.au/enrolments.

Joyful
in hope, patient
in affliction, faithful
in prayer.

ROMANS 12:12

WHAT'S HAPPENING AT MARIA REGINA?



**Week 9 – 10th December
Stage 2 Cultural Experience**

Stage 2 had an incredible Aboriginal Cultural Incursion with Brewongle Environmental Education Centre! Students explored traditional cultural artefacts, played Aboriginal games, painted with ochre and symbols, and learned about traditional fire techniques and methods.



MARIA REGINA
Catholic Primary School, Avalon

**Enrolling
Now**

Kindergarten - Year 6



Confraternity of Christian Doctrine Diocese of Broken bay 2025

Thank You to All of Our Catechists
The Confraternity of Christian Doctrine, Diocese of Broken Bay, extends heartfelt gratitude to all of our catechists for your dedication, compassion, and faithful service. Your commitment to sharing the Gospel and nurturing the faith of our young people is a profound gift to our parish community. Congratulations to the 2025 Service Award Recipients
We joyfully recognise and celebrate the catechists who were honoured on

Saturday, 22nd of November 2025
at Our Lady of the Rosary Cathedral, Waitara.

We are proud to acknowledge the following recipients for their outstanding commitment and years of service:

LUCIA KUMAR – 25 YEARS

LISA PATRICIA WILLIAMSON – 25 YEARS

ANTONIO (TONY) LUCIANO – 5 YEARS

Thank you for your unwavering witness, your generous ministry, and the light you bring to the lives of those you teach.

May God continue to bless your service abundantly.

If you are interested to join this rewarding Ministry, please contact **MAUREEN WOOLDRIDGE** ON 0421 907 469
Or **VERONICA THOMAS** ON 0417 061 534



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CONSIDER IT
pure joy,
 MY BROTHERS AND
 SISTERS, WHENEVER YOU FACE
 TRIALS OF MANY
 KINDS, BECAUSE YOU KNOW
 THAT THE TESTING OF YOUR
 FAITH PRODUCES
 PERSEVERANCE.


~ JAMES 1:2-3 ~



ADVERTISEMENT SPACES AVAILABLE

Our bulletin has available spaces to promote local businesses. It's a great way to reach the community and endorse your services. Ready to advertise? Please contact the Parish Office on **9157 0999** for more information

To find out more, call Tamara
 0403226699



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to connect with other
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friends.
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or coffee
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MONDAYS

9:30 - 11:30

(SCHOOL TERM)

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WILL GIVE YOU
THE DESIRES OF
YOUR HEART.

-PSALM 37:4

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